

**DAY ONE: Thursday 1 July**

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| Time        |  |  |  |   |
| 9.00-9.45   | <b>Arrival and registration</b>  |  |  |   |
| 9.45-10.00  | <b>Introduction to conference: Linda Gibson, followed by a brief meditation</b>                |  |  |   |
| 10.00-10.45 | <b>Keynote lecture: Mike Saks</b>  |  |  |   |
| 10.45-11.15 | <b>COFFEE</b>  |  |  |   |
|             | <b>BALLROOM: Workshop</b>  | <b>ROOM 2: Paper session</b>                                 | <b>ROOM 3: Paper session</b>                       | <b>ROOM 4: Paper session</b>  |
|             |  | <i>Stream 1: Methodological and Philosophical Issues</i>     | <i>Stream 2: Client and Therapist Perspectives</i> | <i>Stream 3: Cultural, Sociological And Professional Perspectives</i> |
| 11.15-12.45 | <i>'The Power of Mindfulness an experiential workshop'</i><br><br>Loganathan                   | Chair: Gibson<br><br>Brands<br>Bingley<br>Smith & Pilkington | Chair: Long<br><br>Tighe<br>Bayton<br>Macpherson   | Chair: Saks<br><br>Chatfield<br>Clayton<br>O'Sullivan                 |
| 12.45-1.45  | <b>LUNCH</b>   |  |  |   |
| 1.45-3.15   | <b>Workshop:</b><br><i>'I'm a therapist in the wilderness get me out of here!'</i><br>Richards | Chair: Ryan<br><br>Ryan<br>Childs<br>Gibson                  | Chair: Mackay<br><br>Schroer<br>Evans<br>Mackay    | Chair: TBA<br><br>Hills<br>Donnelly<br>Toms                           |
| 3.15-3.45   | <b>TEA and POSTERS</b>   |  |  |   |
| 3.45-4.45   |  | Chair: Heath<br><br>Heath<br>Milgrom                         | Chair: Dale<br><br>Greenfield<br>Sointu            | Chair: Barry<br><br>McClellan<br>Morris                               |
| 4.45-5.15   | <b>Group Discussion in Ballroom, facilitator: Bob Shaw</b>                                     |  |  |   |
| 5.15-6.00   | <b>Demonstration:</b> Kostic   | <b>Demonstration:</b> Steen                                  | <b>Demonstration:</b> DeValois                     | <b>Demonstration:</b> Molloy  |
|             | <b>POSTERS</b>   |  |  |   |

**DAY TWO: Friday 2 July**

|             |   |   |   |  |
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| Time        |   |   |   |  |
| 9.15        | <b>Introduction to Day 2 and Guided Visualisation</b>           |   |   |  |
|             | <b>BALLROOM: Workshop:</b>                                      | <b>ROOM 2: Paper session</b>  | <b>ROOM 3 Paper session</b>   | <b>ROOM 4 Paper session</b>                          |
|             |   | <i>Stream 5: CAM Research<br/>In Specific Areas Of<br/>Healthcare</i> | <i>Stream 2 (continued)</i>   | <i>Stream Four: The<br/>Therapeutic Relationship</i> |
| 9.30-11.00  | <i>'What is image work, and<br/>how does it work?'</i><br>Edgar | Chair: Hughes<br><br>Kanji<br>Hughes                                  | Chair: Mackereth<br><br>Bell<br>Mackereth<br>Preston-Eyles &<br>Whormsley | Chair: Shaw<br><br>House<br>Shaw<br>Brien            |
| 11.00-11.30 | <b>COFFEE AND POSTERS</b>                                       |   |   |  |
| 11.30-1.00  | <b>Workshop:</b><br><i>'Usui Reiki healing'</i><br>Lucey        | Chair: TBA<br><br>Fewell<br>Kirkwood<br>Glenville                     | Chair: TBA<br><br>Lindsay<br>Williams<br>Hulme                            | Chair: Barry<br><br>Barry<br>Paterson<br>Gale        |
| 1.00-2.00   | <b>LUNCH</b>  |   |   |  |
| 2.00-2.45   | <b>Keynote lecture: David St George</b>                         |   |   |  |
| 2.45-3.00   | <b>Discussion and Conference close: Christine Barry</b>         |   |   |  |

***Paper Stream 1. Methodological and Philosophical Issues***

|                                   |   |
|-----------------------------------|---|
| Brands, Martien                   | A comprehensive model for pharmacology.   |
| Bingley, Amanda & Mallinson, Sara | Challenging the ritual; developing appropriate research methods for the evaluation of CAM practices.  |
| Smith Jo & Pilkington, Karen      | What does qualitative research add to the evidence on complementary therapies?  |
| Ryan, Alex                        | Teaching People how to Fish: Asian Meditative Disciplines in Complementary and Alternative Medicine   |
| Childs, Ann                       | The effects of Static Responsive Contact compared with Mitchell's Relaxation Technique on In-patient's anxiety levels within an Acute Mental Health ward setting: A pilot study |
| Gibson, Linda                     | Hermeneutics and Networks   |
| Heath, Geoff                      | The validity of complementary and alternative therapies: a critical approach  |
| Milgrom, Lionel                   | Patient-Practitioner-Remedy (PPR) Entanglement as a Quantum Theoretical Metaphor/Model of the Homeopathic Process: Towards a Calculus of Cure?                                  |
| Lindsay, Bruce                    | Parachutes and probability: looking beyond clinical trails in complementary and alternative therapies   |
| Williams, Anna-leila              | The Evidence Base for Complementary and Alternative Medicine: Methods of Evidence Mapping with Application to CAM   |
| Hulme, Claire                     | Square Pegs and Round Holes: A Review of Economic Evaluation & CAM  |

***Paper stream 2. Client and Therapist Perspectives***

|                                       |  |
|---------------------------------------|--|
| Tighe, Maria                          | Mirrors, Maps and Borders: The Reflexologist's Quest for Therapeutic Effectiveness   |
| Bayton, Gill                          | The state of reflexology in Britain; experiences and perceptions of reflexology practitioners                                      |
| Bell, Linda                           | Exploring experiences and social networks of osteoarthritis patients as part of a western herbal medicine treatment outcomes study |
| Schroer, Sylvia                       | Patients' explanatory models of acupuncture  |
| Preston-Eyles, Sue & Whomsley, Stuart | Innovation through the introduction of Complementary Therapies to a Mental Health Service  |
| Mackay, Hannah                        | Shiatsu in the UK and Germany: Meanings and Motivations  |
| Greenfield, Sheila                    | Patients' Expectations and Experiences of Gut Directed Hypnotherapy  |
| Sointu, Eeva                          | Recognition and the creation of well-being   |
| Macpherson, Hugh                      | Longer-term benefits in patients after a short course of traditional acupuncture   |
| Mackereth, Peter                      | Service Evaluation of Complementary Therapy Interventions at Christie Hospital   |
| Evans, Maggie                         | Action research to develop and optimise the service provided by the CHIPS (Complementary Health in Partnership) integrated         |

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|  | complementary health service: involving users in the research process |
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### **Paper stream 3 Cultural, Sociological And Professional Perspectives**

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| Chatfield, Kate            | Professional homeopaths in the UK: Who are they?   |
| Clayton, Julia             | Joint continuing professional development initiatives can improve communication between complementary and orthodox practitioners     |
| O'Sullivan, Catherine Mary | Reshaping Herbal Medicine: the evolution of professional identity, knowledge and culture in the context of statutory self-regulation |
| Hills, Dione               | Integration of Complementary Therapies in NHS Settings: The Cultural Challenge   |
| Donnelly, Dennis           | The limits of Integrated Healthcare ?  |
| Toms, Michelle             | A Social Construction Of The Use Of Complementary And Alternative Medicine In Australia: Preliminary Findings                        |
| McClellan, Stuart          | Being individual, while being with others: postmodernity and alternative health practices  |
| Morris, Katherine          | A Chiropractor in Cuba: an anthropological perspective   |

### **Paper stream 4 The Therapeutic Relationship**

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| House, William      | Pain Action Research  |
| Shaw, Bob           | The embodied psychotherapist: the therapist's body story  |
| Brien, Sarah        | Exploring why patients choose their CAM therapy and therapist and how they communicate about emotional and spiritual issues within their consultation. A qualitative enquiry in patients with chronic musculoskeletal disorders |
| Barry, Christine    | Facilitating positive and negative emotions in the homeopathy consultation  |
| Paterson, Charlotte | Being listened to: non-specific, specific, or semi-specific intervention?   |
| Gale, Nicola        | Reading 'dis-eased' bodies and learning to heal: a sociological perspective on alternative medicine   |

### **Paper stream 5 CAM Research in Specific Areas of Healthcare**

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| Kanji, Nasim                                       | Autogenic training: effects on stress and qol in coronary angioplasty patients   |
| Bunnell, Toni                                      | The effect of "healing with intent" on peak expiratory flow rates in asthmatics  |
| Hughes, John & Goldbart J, Fairhurst E, Knowles K. | Rheumatoid arthritis patients' perceptions of receiving treatment with acupuncture: findings from preliminary interviews   |
| Fewell, Frances & McVicar, Andrew                  | An investigation into the blood concentration of d-limonene in the blood following aromatherapy massage treatment with essential oil of sweet orange. (Citrus Senensis). |
| Kirkwood, Graham & Pilkington, K                   | Mapping knowledge of evidence and usage of CAM in mental health  |
| Glenville, Marilyn                                 | The integrated approach to infertility   |

### **Workshops**

|                                     |            |  |
|-------------------------------------|------------|--|
| 1. Loganathan,<br>Linda             | Max<br>no. | The Power of Mindfulness: An experiential workshop   |
| 2. Richards,<br>Kaye<br>& Ray, Nick |            | I'm a Therapist in the Wilderness, get me out of here! The outdoors, adventure and wilderness as a complementary approach to healing, psychotherapy, cancer treatment, mental health, behavioural issues and more? |
| 3. Edgar, Iain                      |            | What is Imagework and how does it work?  |
| 4. Lucey,<br>Marie                  | 20         | Usui Reiki Healing: What is it and how can we use?   |

### **Demonstrations**

|                              |                                       |
|------------------------------|---------------------------------------|
| Kostic, Srdjan               | Mental energetic healing treatment    |
| Freidrich-Steen,<br>Gabriele | Hand reflexology                      |
| DeValois,<br>Beverley        | Auriculotherapy and the NADA protocol |
| Molloy, Rupert               | Chiropractic techniques               |

## Posters

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| Coulter, Morag  | Assessing the Methodological Quality of Research Papers  |
| Levick, Jennie  | Looking for the achievement of reliable data to broaden health care education and the provision of complementary and alternative medicine using the original ingham method™ of reflexology |
| Lamont, Margaret  | An alternative approach to autism, autistic spectrum disorder and asperger's syndrome  |
| Weatherley-Jones, Elaine  | Challenging the placebo controlled, double-blind trial – a change of heart after running trails of individualised homeopathy   |
| Buda, Laszlo & Lampek, K., Tahin, T.                                      | Alternative and complementary medicine from a health-sociological viewpoint  |
| Hynes, Celia  | Transference and Counter transference as an agent in care  |
| Sesselberg, Tracy S, Gray, Nicola J., Wilson, Karen M. Klein, Jonathan D. | Where do adolescents learn about herbs and nutritional supplements?  |
| Singh Saini, Ajit   | Electrohomoepathy and spagyrisim   |
| Gordon, Jenny   | The challenges of undertaking a randomised control trial in cam – an insight into a reflexology study in progress  |
| Pitman, Vicki   | Sources of Holistic Medicine in the Hippocratic Corpus: a comparative approach using the Caraka Samhita of Ayurveda  |