

**ACHRN CONFERENCE 2006: DRAFT PROGRAMME
Nottingham University 5-7 July – Portland Building**

SCHEDULE & TIMING:

Please note these times may need slight adjustment before the programme is finalised,
but we do not anticipate any substantial changes.
Some experiential workshops will be scheduled alongside paper streams;
this will be confirmed with individual presenters shortly.

WEDNESDAY 5th JULY

11.00 – 2.00	ARRIVALS/REGISTRATION
2.00 – 3.30	WORKSHOPS
3.30 – 4.00	TEA
4.00 – 5.30	WORKSHOPS
<i>check in to accommodation</i>	
7.00 – 9.00	SUPPER
9.00 – 10.00	ENTERTAINMENT
8.00 – 12.00	BAR

THURSDAY 6th JULY

8.30 – 9.30	ARRIVALS/REGISTRATION
9.30 – 10.30	OPENING & KEYNOTE
10.30 – 11.00	COFFEE
11.00 – 12.30	PAPER STREAMS
12.30 – 1.30	LUNCH
1.30 – 3.00	PAPER STREAMS
3.00 – 4.00	TEA & POSTER SESSION
4.00 – 5.00	PAPER STREAMS
4.30 – 5.30	EXPERIENTIAL WORKSHOPS
<i>check in to accommodation</i>	
7.00 – 9.00	CONFERENCE DINNER
9.00 – 10.00	ENTERTAINMENT
8.00 – 12.00	BAR

FRIDAY 7th JULY

8.30 – 9.30	ARRIVALS/REGISTRATION
9.30 – 10.30	KEYNOTE
10.30 – 11.00	COFFEE
11.00 – 12.30	PAPER STREAMS
12.30 – 1.30	LUNCH
1.30 – 3.00	PAPER STREAMS
3.00	PLENARY & CLOSE

POSTER SESSION: THURSDAY AFTERNOON – DETAILS WILL FOLLOW

EXPERIENTIAL WORKSHOPS: THURSDAY & FRIDAY – DETAILS WILL FOLLOW

BOOKSTALL & DELEGATES PUBLICITY STALL THROUGHOUT THE CONFERENCE

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WED 5th JULY: CONFERENCE OPENS AND WORKSHOP PROGRAMME

The conference desk will be open from 11am till 2pm for registration and enquiries. The café in Portland Building will be open for lunches and refreshments before the workshops begin. Coffee, tea and refreshments will be provided between the two sessions from 3.30 – 4.00 pm.

SESSION 1: 2.00 – 3.30 pm – choice of 3 workshops:

A workshop for the Practitioner-Researcher

Dr Robert Shaw

Robert Shaw is an osteopath and psychotherapist with research interests in embodiment; his PhD explored psychotherapist embodiment. This workshop is for CAM practitioners and academics who want to learn about the concept of the 'practitioner-researcher' model and critically reflexive practice. The problems of inhabiting the dual role of practitioner and researcher, for example researcher bias, are also addressed. The main focus of this workshop is to encourage participants, via experiential exercises in both small and large groups, to engage with the notion of the 'practitioner-researcher.' The aim of the exercises is to allow participants to assess whether this model would be of benefit to their research and how to apply it.

CAM Evaluation & Integration

Fiona Robertson, Heather Fitton, & Julie McKay

Impact provides acupuncture, chiropractic and homeopathy to Nottingham residents at no cost to the patient. Funded by New Deal for Communities, the project was set up in response to residents' requests for access to CAM. This workshop will use the Impact project as a case study trigger for discussion of issues around referral systems, practice-based commissioning and evaluation frameworks. Impact's evaluation approach includes outcome measures, data on patient diversity, medication reduction, GP attendance rates and patient satisfaction, plus qualitative interviews (compiled in a documentary which will be shown in the workshop). The presenters will facilitate small group work and discussion around the use of evaluation in CAM services and the transition from funded community-based projects to being NHS service providers.

CAM and Information Technology

Prof David Peters, Hal Andrews & Ken Smith

This workshop will be participative/interactive and open to both experienced researchers and CAM practitioners who want to learn more about using IT. The workshop will demonstrate a way of using an available IT system (developed for referral and reporting on CAM consultations) and explore how CAM practitioners' appropriate use of IT might encourage good practice, reflection and service evaluation, and in particular facilitate integration (i.e. the effective and efficient use of CAM in a mainstream setting). The group members experience will be shared and issues will be discussed, including: drivers for greater uptake (e.g. research, governance, integration); pros and cons of using IT in CAM (e.g. loss of depth? CAM gets constrained to medical model?); potential of IT in CAM (e.g. developing large data sets, leveraging CAM into mainstream healthcare, developing networks that deliver relevant support and information for integrators).

SESSION 2: 4.00 – 5.30 pm – choice of 3 workshops:

CAM & Evaluation Methods & Politics

Dennis Donnelly

This workshop will facilitate group work around various issues relation to the design and process of evaluation in CAM, using the example of evaluation in use at the Liverpool Centre for Health as a trigger for debate. The workshop will be suitable for all those involved in evaluation, those considering the issues and unsure about how to begin, plus anyone with a general interest in CAM research. Debates will be stimulated around the social and political context of CAM evaluation, objectives, target groups, clinical effectiveness, types of studies and tools used, results and experiences. Questions will be asked about the best way forward for CAM evaluation and the learning needs and resources required.

Building the research culture in CAM professions

Lesley Wye & Clare Relton

This workshop aims to facilitate discussion amongst CAM therapists on how to stimulate a research culture in their professions, including a 'warts and all' account of the experience of two professional bodies, (Kinesiology Federation & Society of Homeopaths). The workshop will combine these two short formal presentations with whole group discussion to identify key strategies for the development of successful professional research cultures, and small group work to include the interests and experience of participants and discussion of the range of professions represented. We will also discuss strategies that have had less impact and to develop a toolkit for effective strategies and activities.

Integrating CAM within the NHS

Anita Myatt

This presentation will explore opportunities for mixed CAM therapies to gain a foothold in the NHS under the banner of the IWL (Improving Working Lives initiative). We will review the tools and projects used to increase CAM practitioners' profiles within the NHS. Topics covered will include: CAM therapies favoured by trusts and practitioner "history" and profile; Legal aspects of integration, i.e. Insurance, ethics and "trust"; Caring for carers; Keeping treatment records for Trust reports on therapeutic benefits and outcomes; Ways to integrate pilot schemes, target appropriate HR personnel, and keep within IWL guidelines. Participants will have the opportunity to explore their own therapies and ideas for integration. The aim is to help CAM therapists broaden their horizons within the sometimes "elusive and exclusive" NHS, to break down perceived "barriers" between disciplines and add a multi dimensional texture to health care for carers.

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THURS 6th JULY: KEYNOTE SPEAKER – Dr VOLKER SCHEID

RESEARCH PAPER SESSIONS: THURS 11.00-12.30

Integration of CAM

Models of Integrated Healthcare Provision
Dennis Donnelly Liverpool Centre for Health

How Aromatherapy is integrated clinically in the USA – pointers for the NHS?
Dr Jane Buckle Thames Valley University

Midwifery managers' views about the use of Complementary Therapies in the maternity services
Mary Mitchell & Julie Williams University of the West of England

CAM & Professional Practice

The challenges of evolving inter-professional CPD in integrated health
Dr Richard James University of Westminster

An Exploratory Study of the Factors that affect Homeopaths in Establishing and Sustaining a Viable Practice
Fiona Madon University of Westminster

Regulation and Professionalisation of CAM – forming Standards of Practice for Acupuncture
Felicity Moir University of Westminster/British Acupuncture Council

Views of Self and Life in Healing

Spiritual healing and the placebo-effect
Dr Ann Ostenfeld-Rosenthal Aarhus University Hospital Denmark

Exceptional Experiences and Mental Health - Results of a Questionnaire Study
Niko Kohls University of Northampton/Samueli Institute

"This is what music represents to me": reflections on creativity, identity and healing in participants' accounts of music therapy in cancer care
Dr Stuart McClean University of the West of England

RESEARCH PAPER SESSIONS: THURS 1.00-2.30

Therapeutic Relationship

Building relational quality in the medical encounter: the patients' perspective
Alison Ashton University of Manchester

Practitioner empathy, patient enablement, and health outcomes: a prospective study of acupuncture patients
Sarah Price University of Edinburgh

A qualitative study of homeopathic consultations
Caroline Eyles University of Southampton

CAM Evaluation Research

The Society of Homeopaths National Service Evaluation pilot project
Lesley Foulkes & Hazel Partington Society of Homeopaths

Qualitative or quantitative? – Analysing cost savings as a result of complementary medicine
Prof Nicola Robinson Thames Valley University

Holistic assessment procedures at the Complementary Health Clinic in Bristol
Helen Masey & Ali Shaw University of Bristol

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The family as a context for self-care and use of CAM: a focus group study with families participating in the Avon Longitudinal Study of Parents and Children (ALSPAC)
Ali Shaw University of Bristol

CAM Practitioner Perspectives

A Phenomenological investigation of Reflexologists' attitudes, beliefs and experiences concerning the use of Reflexology for people seeking treatment for Crack Cocaine abuse
Anne Perkins

Similarities and differences in the practices of spiritual healers
Majken Belusa University of Southern Denmark

CAM Practitioners' Views on Medicine and the Therapy that they Practice
Anne Majumdar Liverpool John Moores University

RESEARCH PAPER SESSIONS: FRI 1.30-3.00

CAM in Global Contexts

Regulation of CAM within the Norwegian Welfare State
Rita Agdal SABORG: Council of unions of CAM therapists, Norway

Pajuyo, plants and property: indigenous knowledge, plant medicines and intellectual property rights in the Ecuadorian Amazon
Sally Evans University of Liverpool (TO BE CONFIRMED)

The Contribution of Qualitative Research to the Evaluation of Complementary Medicine: a Swiss Perspective
Dr Florica Marian University of Bern, Switzerland

Informal Knowledge in CAM

Deconstructing homeopathic practice
Julie Smith University of Westminster

Creative writing and truth in primary health care: the VIVID project
Dr William House

What role does 'evidence' play in mainstreaming complementary therapy services into the NHS?
Lesley Wye University of Bristol

Science, Evidence & Herbal Medicine

Above and beyond superstition
Ayo Wahlberg London School of Economics

The science behind the medicinal properties attributed to Nigella sativa seed extracts
Dr Parvez Haris De Montfort University

Homeopathy on Cress – A preclinical method development
Martin Tighe